

Registration Form

Please complete a Registration Form for every person over the age of 12 years.

Registration Fee is £10 per person, payment must accompany this form.

Pre-registration closes Monday 19 July. You can however still register on the day if you miss this deadline.

| | |
|------------------------------|-------------|
| Your contact details | |
| Name | |
| Address | |
| Postcode | |
| Phone (day) | Phone (eve) |
| Phone (mobile) | Age |
| Email Address (if available) | |

| | | | | | |
|-------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| T-shirts | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Please indicate size required | Child size Age 11-13 | 35-37" Small | 38-40" Medium | 40-43" Large | 44-46" XLarge |

| | |
|--------------------------------|---|
| 5k / 10k | |
| I wish to take part in the 10k | <input type="checkbox"/> |
| I wish to take part in the 5k | <input type="checkbox"/> (transport will be provided) |

| | |
|-------------------|--------------------------|
| Run / Walk | |
| I intend to run | <input type="checkbox"/> |
| I intend to walk | <input type="checkbox"/> |

| | |
|--|-----|
| Children (under the age of 12 years) – no fee payable | |
| Name | Age |
| Name | Age |
| Name | Age |
| Name | Age |
| Name | Age |

Thank you for taking part in this event and we hope you have an enjoyable day.

The personal details you provide will be used solely by Mind Your Head and to advise you of additional fundraising opportunities/news that we think may be of interest. Please tick here if you do not wish this to happen.

Disclaimer

I acknowledge that I participate in this event at my own risk and that MYH cannot be held liable for any injury, loss or damage caused or sustained as a result of my participation.

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Signed

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Date